

Activities for Speech Skill Development

Whether your child was recommended for a referral, considered to be at-risk, or fell within age-expected levels, included are some great activities for teaching, enhancing, and/or maintaining

Speech Skill Development:

- Hold objects near your mouth when naming things your child has difficulty saying.
- Find pictures in magazines/newspapers that have the sound your child has difficulty making. Cut them out and make a “sound collage”. Help your child practice saying the words.
- Practice saying words that your child has difficulty saying in front of a mirror with him/her. Let your child see how your mouths are moving differently to say the same word.
- Describe how your mouth moves to make the sound:

Examples:

lips are together (m, p, b)

tongue behind top teeth (t,d,l,n)

in the back - point to neck, mouth open (k, g)

top teeth on bottom lip (f,v)

tongue behind top teeth, teeth together/closed (s,z)

tongue up (sh, ch, j)

- Associate sounds with animals/objects/actions, practice making them when playing, during daily routines or looking at books.

“snake sound” - S, “bee sound” - Z

“quiet sound” - SH, “train sound” - CH

“growling bear sound” - R

- Use open cups, straws or straw cups for drinking instead of sippy cups
- Eliminate pacifier use